





Subject	PE	Theme	Outdoor	Term	Autumn/Spring
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What should I already know?
Participate in team games, developing simple tactics for attacking and defending

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What should I already know?
Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.

Knowledge	
Football	
<ul style="list-style-type: none"> I know how to pass a ball using the inside of my foot. I know how to receive a pass using the inside of my foot to control it. I know how to pass from a static position. I know that I should move into space to receive a pass. I know how to shoot from a static position. I know how to keep the ball close to my feet when dribbling around static objects. I know that I must evaluate my own performance. 	

Knowledge	
Rugby	
<ul style="list-style-type: none"> I know how to pass the ball using a swing pass. I know how to receive the ball from a swing pass. I know that I must run with two hands on the ball. I know that I should move into a space behind my team mates when not in possession of the ball. I know how to pass to a team mate during a game. I know how to score a try. I know that I should defend and attack when playing a mini game. I know that I should be able to evaluate my success when throwing and catching. 	

Knowledge	
Fundamentals	
<ul style="list-style-type: none"> I know how to run varying speed and direction developing dodging skills. I know how to aim a ball at a still target in different ways. I know how to throw and catch a ball. I know how to bounce and receive a ball using different sized balls I know how to apply dodging skills to outwit an opponent. I know how to apply my skills to a small sided game. 	

Key Vocabulary
<p>Passing - kick the ball from one player to another.</p> <p>Receiving - getting the ball from a pass.</p> <p>Static position - standing still when kicking the ball.</p> <p>Dribbling - controlling the ball when running.</p>

Key Vocabulary
<p>Passing – throwing the ball from one player to another.</p> <p>Receiving - getting the ball from a pass.</p> <p>Swing pass - swing your arms in the direction of the target and release the ball with a flick of your wrists.</p> <p>Try - A try is scored by the attacking team when they place the ball on ground on or over the try line.</p>

Key Vocabulary
<p>Dodging - avoid a person or a ball by a sudden quick movement.</p> <p>Aim –to roll a ball accurately towards a target.</p> <p>Throw – to pass the ball to a player over a distance</p> <p>Catch – to receive the ball from another player.</p>