

**Subject** PSHE**Theme** Me and My Relationships**Term** Autumn 1**What should I already know?**

- I understand what makes a positive learning environment.
- I know how to describe how I am feeling.
- I know that people express their feelings in different ways.
- I have some strategies for dealing with my feelings.
- I recognise that people can sometimes be upset by other people's behaviour.
- I know how to be a good friend.
- I know the difference between bullying and teasing.

What should I be able to do by the end of the unit?

- I can name appropriate rules for different settings.
- I can define and demonstrate cooperation and collaboration.
- I can express opinions and listen to those of others.
- I can consider others' points of view.
- I can explain the thinking behind my ideas and opinions.
- I can name people I have a special relationship with.

What should I know by the end of the unit?

- I understand why we have rules.
- I understand why rules are different for different age groups.
- I know the possible consequences of breaking rules.
- I understand how working together in a collaborative manner can help everyone achieve success.
- I know that people can bring different skills to tasks.
- I know simple strategies for resolving given conflict situations.
- I know strategies for maintaining a positive relationship with people.

Key Vocabulary

rules	An agreed set of regulations or principles to govern a particular activity.
co-operation	The act of working together for a common benefit.
collaboration	The act of working together to achieve a goal.
compromise	An agreement that is reached by each side making concessions.
conflict	Serious disagreement.
persuade	Convincing someone to do something.
opinion	A view or judgement formed about something.
respect	Regard for the feelings or wishes of others.