



Subject PSHE

Theme Growing and Changing

Term Summer 2

What should I already know?

- I know how to give positive feedback to others.
- I recognise the range of feelings I might experience when I lose, or am reunited with, a person I am close to.
- I know different stages of growth (baby, toddler, child, teenager, adult).
- I know which parts of the human body are private.
- I know that a person's genitals help them to make babies when they grow up.
- I know that humans mostly have the same body parts but that they can look different from person to person.
- I know how to respect someone's privacy.

What should I be able to do by the end of the unit?

- I have strategies to use when someone is inappropriately in my personal space.
- I can give basic First Aid in the following areas:
 - Asthma attack
 - Bleeding
 - Choking
 - Head injury
 - Unresponsive and breathing

What should I know by the end of the unit?

- I know about different types of relationships, including who I have positive healthy relationships with.
- I know what is meant by personal space.
- I know when it is appropriate or inappropriate to let someone into my body space.
- I know about secrets, surprises and unsafe secrets.
- I know how surprises and secrets make me feel.
- I know who to ask for help if a secret makes me uncomfortable or unsafe.
- I understand why First Aid is important.

Key Vocabulary

relationship	The way in which two people are connected.
positive	A desirable or constructive quality or attribute.
secret	Something not to be shared with others.
surprise	An unexpected event.
respect	Regard for the feelings or wishes of others.