

**Subject** PSHE**Theme** Being My Best**Term** Summer 1**What should I already know?**

- I understand health and wellbeing issues relevant to my age group.
- I understand how kind words might help me feel good about myself.
- I understand how collaborative working can lead to success.
- I know about different talents children in the class have.

**What should I be able to do by the end of the unit?**

- I can give examples of choices I make for myself and choices others make for me.

**What should I know by the end of the unit?**

- I can identify ways in which everyone is unique.
- I can appreciate my own uniqueness.
- I know there are times when I will make the same choices as my friends and times I will choose differently.

**Key Vocabulary**

<b>unique</b>	Being one of a kind, or having special features.
<b>choice</b>	A range of possibilities from which one might be chosen.