



Subject PSHE

Theme Growing and Changing

Term Summer 2

What should I already know?

- I know about different types of relationships, including who I have positive healthy relationships with.
- I know what is meant by personal space.
- I know when it is appropriate or inappropriate to let someone into my body space.
- I know about secrets, surprises and unsafe secrets.
- I know how surprises and secrets make me feel.
- I know who to ask for help if a secret makes me uncomfortable or unsafe.
- I know that a person's genitals help them to make babies when they grow up.

What should I know by the end of the unit?

- I know of some changes that happen to people during their lives.
- I have techniques to manage change more easily.
- I know of some people who may be able to help me deal with change.
- I know the correct terminology for my genitalia.
- I understand and can explain why puberty happens.
- I understand that marriage is a commitment to be entered into freely and not against someone's will.
- I recognise that marriage includes same-sex and opposite-sex partners.
- I know the legal age for marriage in England.

What should I be able to do by the end of the unit?

- I can identify parts of the body that males and females have in common and those that are different.
- I can discuss the reasons why a person would want to be married, live together with a partner or have a civil ceremony.

Key Vocabulary

change	An act or process through which something becomes different.
genitalia	External reproductive organs.
puberty	The process of physical changes through which a child's body matures into an adult body capable of sexual reproduction.
marriage	The legal union of two people as partners in a relationship.
same-sex couple	Two men or two women who love and care for each other and choose to spend their lives together.
opposite-sex couple	Two people of the opposite sex who love and care for each other and choose to spend their lives together.