

**Subject** PSHE**Theme** Me and My Relationships**Term** Autumn 1

What should I already know?

- I know successful qualities of teamwork and collaboration.
- I know what is meant by a 'positive, healthy relationship'.
- I know that there are times when I might need to say 'no' to a friend.
- I know about 'good' and 'not so good' feelings, and how feelings can affect our physical state.
- I know that different people can have different feelings in the same situation.
- I know what I can do and say in response to someone being bullied.
- I know where pressure to behave in an unhealthy, unacceptable or risky way might come from.

What should I know by the end of the unit?

- I know what collaboration means.
- I know what is meant by negotiation and compromise.
- I know how to respond to a wide range of feelings in others.
- I know some key qualities of friendship.
- I know what makes a relationship healthy.
- I know who to talk to if I need help.
- I understand that online communication can be misinterpreted.
- I know that responsible and respectful behaviour is necessary when interacting with others online and face-to-face.

What should I be able to do by the end of the unit?

- I can work collaboratively with peers.
- I have strategies for resolving difficult issues or situations.

Key Vocabulary

collaboration	The act of working together to achieve a goal.
negotiation	A discussion aimed at reaching an agreement.
compromise	An agreement that is reached by each side making concessions.
feeling	An emotional state or reaction.
relationship	The way in which two people are connected.
communication	The imparting or exchanging of information.
interaction	An action that occurs between two people.