



Subject	PSHE	Theme	Growing and Changing	Term	Summer 2
----------------	------	--------------	----------------------	-------------	----------

What should I already know?

- I know of some changes that happen to people during their lives.
- I know the correct terminology for my genitalia.
- I understand and can explain why puberty happens.
- I understand that marriage is a commitment to be entered into freely and not against someone's will.

What should I be able to do by the end of the unit?

- I can identify the changes that happen through puberty to allow sexual reproduction to occur.
- I can demonstrate resilience in order to find someone to listen.
- I can identify situations in which someone might need to break a confidence in order to keep someone safe.

What should I know by the end of the unit?

- I know the correct words for the external sexual organs.
- I know some of the myths associated with puberty.
- I know a variety of ways in which the sperm can fertilise the egg to create a baby.
- I know the legal age of consent and what it means.
- I know how my body feels when I'm relaxed, nervous or sad.
- I know the difference between a safe and an unsafe secret.

Key Vocabulary

external sexual organs	The genitalia.
puberty	The period during which adolescents reach sexual maturity and become capable of reproduction.
fertilisation	The process of the sperm fertilising the egg to create a baby.
age of consent	The age at which a person is considered legally competent to consent to sexual activity (16 in the UK).