




<b>Subject</b>	PE	<b>Theme</b>	Outdoor	<b>Term</b>	Autumn / Spring
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**What should I already know?**  
 Participate in team games, developing simple tactics for attacking and defending in a range of other sports. An understanding of spatial awareness. I should be able to explain the difference between contact and Indian dribbling. How to stop a ball with increased control and have some knowledge of tactical game play.

**What should I already know?**  
 Participate in team games, developing simple tactics for attacking and defending including passing around a defender and intercepting a ball as a defender. How to pass a ball using the inside of my foot and that receiving a ball with the inside of my foot gives me control. The importance of moving into space to be able to receive and pass the ball on the move.

**What should I already know?**  
 The different parts of the court. I should know how to pass and receive a ball. The names of the different passes and an idea on how to perform them. To have an awareness of finding space. I should know what intercepting means and know some tactics when implementing this in defence. Some basic rules including the footwork rule. Finally, some tactics including signalling.

**Knowledge and Skills**  
**Hockey**



To dribble a ball whilst changing speed and direction.

To know the different types of passing and receiving and when to use them in a game situation. – reverse stick pass.


To perform a range of tactics (hit pass, reverse stick pass, flick)

To learn correct tackling and shooting techniques.

To follow the rules in a competitive game and identify aspects of my own performance that can be improved.

To apply my skills to a small sided game and suggest ways my team could improve.

**Knowledge and Skills**  
**Football**



To experiment using all parts of my foot to pass a ball.

To control a ball knowing which direction I want to move to (i.e. adjust body shape to move in another direction).


To shoot, whilst moving, and experimenting with the different parts of my foot for different shots.

To intercept the ball.

To change my speed and direction to lose a defender.

To take on the role of defender and mark an opponent and take on the role of attacker and know when to pass and when to shoot.

**Knowledge and Skills**  
**Netball**



To perform a chest, bounce and shoulder pass with accuracy and know when to use them within a game.

To understand the rules of footwork including side line and backline rules.

To understand how to mark/signal and close down an opponent.

To understand how to shoot in netball including tactical play.

To follow the rules in a competitive game and identify aspects of my own performance that can be improved.

To apply my skills to a small-sided game and suggest ways my team could improve.

**Key Vocabulary**  
 Flick- movement of the stick that lifts the ball off the ground.  
 Obstruction- offence of shielding the ball from an opponent with one's body or stick.  
 Cross - Passing the ball in front of the opponent's goal to create a scoring opportunity.

**Key Vocabulary**  
 Agility – ability to move quickly and easily.  
 Intercept - to gain possession of an opponent's pass

**Key Vocabulary**  
 Replayed ball - lose control of the ball and pick it up again if another player has not touched it.  
 Evaluate - **the process of deciding if you have done something the best way**, and looking at what could be improved.