

Personal, Social, Cultural, Health, Economic and Spiritual Scheme of Work

Aims for PSCHES

At CKJS we aim to ensure that all pupils:

- developing self-confidence and responsibility - to Believe in Themselves
- learn how to play an active role as citizens
- develop good relationships and respect the differences between people
- learn about and appreciate their own culture and the culture of others
- learn about the importance of living a healthy, safe lifestyle
- develop an understanding of how to manage money and finances
- spend time reflecting upon their lives and develop appreciation of philosophical issues

Through a variety of creative, written and practical activities, pupils should be given:

- opportunities to succeed – to receive praise and rewards with modesty
- responsibility
- opportunities to lead and make decisions
- the chance to fail and strategies to cope with failure
- cultural traditions of Great Britain and other places in the World
- how to stay healthy – diet and exercise, emotional health, the dangers of drug abuse, managing risk
- an understanding of how to manage money – savings and debt, enterprise opportunities
- time to reflect, time to discuss the ‘big questions’ that life poses

Progression in skills across Key Stage 2

Strand	Lower KS2	Upper KS2
Personal	<ul style="list-style-type: none"> • pupils learn about themselves –parts of the body, feelings • pupils learn about growing up and how their body changes • pupils learn to appreciate how their behaviour might affect others • pupils start to express their opinions on issues that affect themselves • pupils ‘believe in themselves’ • pupils respond to personal goals set by the teacher • pupils learn about what to do if no-one picks them up from school/activities and stranger-danger • pupils learn how to be modest when winning and gracious when losing • pupils learn about their rights and responsibilities 	<ul style="list-style-type: none"> • pupils learn about feelings, moods and hormones • they learn about changes due to puberty including personal hygiene and puberty • pupils learn about relationships and intercourse • they prepare for the transition to secondary school • pupils are able to express their opinions and ideas about issues that affect themselves and society • pupils make sensible choices before taking action • pupils reflect on themselves, recognising things they do well and setting themselves personal goals • pupils learn how to keep themselves safe when they are out in the community on their own • pupils understand their rights and responsibilities and know where to get help if needed
Social	<ul style="list-style-type: none"> • pupils learn about friendship – how to make and keep friends • pupils participate in group activities and learn how to work well in a team • pupils understand empathy and act with consideration towards others • pupils understand what bullying is and what to do about it 	<ul style="list-style-type: none"> • children continue to make and keep friends • they learn how to relate to others when staying away from home • they act as role models to others and help other children younger than themselves • pupils learn about peer pressure and when not to listen to others • pupils recognise bullying and take action to stop it whether it is to themselves or others
Cultural	<ul style="list-style-type: none"> • pupils learn about some of the cultures and traditions in the UK • they learn about important festivals in their own and other religions • to understand why we have rules • understand what is meant by democracy 	<ul style="list-style-type: none"> • pupils gain an understanding of their own and the culture of other countries and societies • they respect that others may have different beliefs and ideas • pupils learn that some people have no access to education and how this affects their prospects • pupils learn how the justice system works in the UK
Health	<ul style="list-style-type: none"> • pupils learn about how to use the internet safely 	<ul style="list-style-type: none"> • pupils learn about e-safety and the risks associated with social

	<ul style="list-style-type: none"> • pupils learn about road safety • pupils learn about healthy eating and the importance of exercise 	<ul style="list-style-type: none"> • media • pupils learn about a healthy lifestyle and the risks associated with drug abuse • pupils learn basic emergency first aid
Economic	<ul style="list-style-type: none"> • Pupils learn about different jobs people do • Pupils learn about bank accounts and savings • Pupils take part in an enterprise activity • Pupils raise money for a charity • Pupils look after their belongings and the belongings of others 	<ul style="list-style-type: none"> • Pupils understand that a job relates to earnings and that succeeding in education increases the possibility of gaining a good job • Pupils learn about managing money and debt • They take part in an enterprise activity • Pupils decide upon a charity and a fundraising scheme • Pupils learn about how they can look after their environment and preserve local resources
Spiritual	<ul style="list-style-type: none"> • Pupils reflect on their learning experiences • Pupils have opportunities to discuss and consider 'big questions' • Pupils can listen to others 	<ul style="list-style-type: none"> • Pupils reflect on their own learning and consider how they can improve • Pupils are able to think about some 'big questions' and explain their personal opinion • Pupils are able to consider the views of others and understand why they might have different beliefs to themselves

The Scheme of Work for personal, social, cultural, health, economic and spiritual education at CKJS aims to provide an exciting, stimulating curriculum enabling our pupils to develop their emotional intelligence. We aim for our pupils to have empathy with others, reflect on the impact of their own behaviour, appreciate their own culture and the culture of others, understand how to stay healthy, develop an understanding of finance and be able to reflect on their own lives and experiences.

Pupils will develop these skills through the following curriculum across Key Stage 2.

Year Group	Key Areas of Study
3	Starting a new school – transition arrangements Ourselves Ancient Greece – the development of democracy Festivals – Christmas, Diwali, Easter
4	Growing up – changes to the human body Festivals – Easter, Eid, Ramadan Fair Trade Enterprise
5	Friendships – getting on with others (PGL residential) Taking measured risks – PGL outdoor activities Managing yourself – staying away from home – PGL/France Personal finances – converting currencies and managing money - France Personal Hygiene Periods Helping others – buddy system for Y3 children
6	Money matters – managing spending money (Stackpole) Culture – fashion, WW2 Dragon's Den Charity – charity committee Space Race Sex Education Transition – moving on to secondary school