

The background is a solid light blue color with several white butterfly silhouettes scattered across it. The butterflies are of various sizes and orientations, some appearing to fly towards the center. The text is centered in the middle of the page.

**Year 5
Residential
2024**



ABERNANT LAKE

Outdoor pursuits courses for schools

Why Manor Adventure

- Small and bespoke
- Excellent facilities
- Same company as the French trip

A video ...

<https://www.manoradventure.com/abernant-lake.php>

Our Staff

Miss Tibbles

Miss Harnett

Mrs Burke

Mrs Selwood

Mr Holdaway

Mrs Cook

Mrs Brewer

Mrs Bradley

Mr Jukes

Kit List

- The children **do not** need electronic devices – mobile phones, ipads etc.
- We will bring some films to watch on the journey and will take plenty of photos.
- Your child may bring a named camera (disposable or digital) at your own risk.
- The children **will not** need any money or sweets – there will be plenty of good food!
- Please take a spare kit list (there will be one posted on the school website too).

Clothing – everything named please

- Nightwear
- Underwear
- Socks, including over ankle length
- 2 or more fleeces / Sweatshirts
- T-shirts
- At least 1 Long sleeved T-Shirt
- 3 (or 4) pairs of old trousers (not jeans) 2/3 for activities, one for evening
- 2 pairs of trainers (1 for wet activities)
- 1 pair of shoes or trainers for indoors
- Waterproof jacket (& trousers if you have them)
- Sun hat (& warm hat and gloves if forecast is cold)
- Swimwear

Other Essentials – named please

- **Sleeping bag** – rolled up
- **Pillow* and pillow case**
- Wash bag (only roll-on deodorant please)
- At least two towels
- Plastic bottle for drinks
- Sunscreen
- Rucksack
- Labelled strong plastic bags (bin liners) for wet, muddy clothes
- Tough Hair ties for long hair
- Refillable drink bottle

Medicines

- If your child has asthma they will need to keep their blue inhalers with them at all times. We will administer their brown (preventer) inhalers as needed.
- We will take some Calpol and there is a permission signature on the medical form for this. We will act in loco parentis and administer this if we feel it is appropriate and you have given permission.
- If your child needs any other medicines, please send this with them, clearly labelled with their name and dosage instructions, and we will ensure they receive it at the correct time.
- Travel tablets – to be handed to staff in the morning labelled with a name.

Concerns

- If we are worried about your child for any reason, we will contact you as soon as possible.
- If you need to get in touch with us, contact the school and they will get in touch with one of us directly. If it is outside school hours, we will provide an emergency number for the centre.
- If there is something you need us to know (such as if your child regularly sleepwalks) please let Miss Tibbles or your child's teacher know, either tonight or make an appointment.

Wednesday

- Come to school at the usual time but dressed in your activity clothes.
- Have a rucksack with a packed lunch (in disposable wrappers), drink bottle and your waterproofs. Inhalers if children have one.
- Bring your suitcase/holdall straight to the hall – children need to be able to carry their own bags.
- Label any medicines and hand them to your child's teacher.

Wednesday

- We will leave school at 10:45am.
- Our lunch stop will be at Abergavenny.
- We should arrive at Abernant about 2.30pm – a text will be sent from school to let you know we've arrived safely.
- We will do 2 activities – one before and one after our evening meal.

Thursday

- We will do 5 activities during the day.
- Breakfast, lunch and an evening meal will all be provided.

Friday

- We will do 2 activities before lunch.
- On the way home, we will have a short stop at Abergavenny.
- We hope to arrive back at school around 5pm.
- The arrival time will be confirmed by text on the way home, once we know what the traffic conditions are like. Please keep an eye on your phone.
- Please avoid parking by the school gates to allow plenty of space for the coaches to park and unload.
- Please collect your child and their luggage from CKJS.

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**Thank you for
coming.**

The background is a light blue gradient with several white butterfly silhouettes scattered across it. The butterflies are of various sizes and orientations, some appearing as simple outlines and others with more detail. The overall aesthetic is clean and modern.

**Any
questions?**

